

Project title in English: Volunteering for tackling food waste

Project start date: 01/01/2020

Project duration: 12

Project end date: 31/12/2020

Activity start date: 12/02/2020

Activity end date: 11/08/2020

Tempo Libero ([www.cooptempolibero.it](http://www.cooptempolibero.it)) is a social cooperative active in Brescia since 1987.

From 1997 to 2018 our International Mobility Department acted as a sending and coordinating organisation in the framework of European Voluntary Service projects.

From 2000 to 2013, Tempo Libero sent over 650 young participants abroad, who carried out internships in Europe through "Leonardo da Vinci" programme.

Since 2009, the cooperative has been involved in hosting European participants willing to carry out internships in companies, non-profit organizations and public bodies located in our area.

Tempo Libero hosted a Eurodesk center for 10 years and, from January 2018, acquired the management of Brescia Europe Direct Center.

From January 2018 Tempo Libero has been managing "Ricolto", a solidarity emporium in a rented space located within the Parish of S. Faustino, in the historic center of the city. The store is aimed at the free distribution of food in favor of people in conditions of economic poverty: food is donated both by large retailers and by small businesses, even in the neighborhood. Around the project, several public, private and non-profit organisations have joined, in a perspective of collaboration and synergy. Alongside Emporio's main activity, linked to the collection and distribution of food surpluses, Tempo Libero has created a vegetable garden for the production of vegetables for distribution.

Furthermore, inside the Parish of S. Faustino, the cooperative has been managing:

- ❖ A space next to "Ricolto" equipped with a professional kitchen, a bar and a training room, where we organise training courses and Italian classes;
- ❖ The second, the third floor and the fourth floor of a building situated opposite Ricolto. On the second floor Tempo Libero has been hosting 14 asylum seekers. On the third and fourth floors, the cooperative has been hosting up to 18 European participants willing to carry out internship experiences in Brescia and province in the framework of Erasmus + Key Action 1 VET program. On the third floor, Tempo Libero has also been managing "Ri-partenza", a project for the management of autonomous accommodations for unaccompanied foreign minors in accreditation with the municipality of Brescia.

## **Voluntary activities**

### **Activity A1**

The first volunteer will support the implementation of the following specific activities:

- ❖ Arrangement of food surpluses on the shelves of the store and in the warehouse;
- ❖ Weekly control of deadlines both of short-term long-term products;
- ❖ Support the volunteers during the opening of the store;
- ❖ Arrangement of food in excess in packages to be delivered to other associations;

- ❖ After closing, supporting the cleaning of the store and placing the missing goods from the warehouse on the shelves;
- ❖ Waste management with an overview to recycling;
- ❖ Participation in mandatory HACCP training ;
- ❖ Participation and support for information evenings open to the citizens and to the actors involved in the project;
- ❖ Participation in solidarity dinners and fundraising events;
- ❖ Research and exchange of good practices with other European countries on the topics of food surpluses and the right to food;
- ❖ Participation in food collections at stores that have signed collaboration agreements (Italmark and Coop Lombardia).

### **Activities - A2**

The second volunteer will contribute to the implementation of the following activities:

- ❖ Support in the preparation of the soil for the sowing of vegetable plants;
- ❖ Use of tools and arrangement after use;
- ❖ Support in sowing and planting vegetables;
- ❖ Daily garden care activities;
- ❖ Arrangement of garden products;
- ❖ Communication activities: management and updating of [www.ricolto.it](http://www.ricolto.it) and Facebook/Instagram;
- ❖ Publication of articles, news, photos and videos concerning the activity of the vegetable garden;
- ❖ Daily use of cargo bikes for collecting surplus food at the stores in the neighborhood;
- ❖ Support activities to raise awareness and promote voluntary activity;
- ❖ Participation in activities involving asylum seekers, European trainees and Italian volunteers.

In addition, the two European volunteers will participate in the following common activities:

- ❖ Italian language classes;
- ❖ Socialization and integration activities organised by Tempo Libero;
- ❖ Happy hour in foreign language organized at Informagiovani of Brescia and at Poliglot Club (<http://poliglotclub.altervista.org>);
- ❖ Information and training meetings organized by Europe Direct Brescia;
- ❖ Meetings in Brescia and province schools organized by Tempo Libero;
- ❖ Leisure and entertainment events involving other young Europeans, Italians and asylum seekers, such as football matches and training sessions with Rugby Brescia ASD (<https://www.rugbybrescia.it>), with which the Tempo Libero Cooperative has launched a cooperation.

### **Practical and logistical matters**

The organisations involved in the project will support the two volunteers in the search and purchase of flights, planning of travel itineraries and Tempo Libero will welcome them on their arrival in Brescia.

The participants will stay in a shared room in a building next to "Ricolto". The volunteers will share the spaces with the European trainees and with the participants of "Ri-partenza". On the third and fourth floors there

are 9 shared rooms, a full-equipped kitchen, a large common area, a laundry room with three washing machines and three dryers and a storage room. A fiber optic internet connection is also available.

The spaces have been renovated and furnished along 2019. Volunteers will receive a monthly pocket money for food and will be able to cook their own products.

Volunteers will have their own personal insurance coverage with CIGNA.

The weekly number of hours of activities is 30 hours. The two volunteers will have 2 holiday days per month.